

HOT PRESSED



Toasted Bacon & Egg

Crispy streaky bacon, fried eggs, white cheddar & pesto mayo

54

Toasted Sausage & Egg

Sliced Cumberland pork sausage, cheddar, caramelized onion & fried egg

54

Breakfast Croissant

Crispy streaky bacon, boiled egg, emmenthal & tomato chilli relish in a Proof croissant

48



Toasted Bacon & 3 Cheese

Crispy streaky bacon, emmenthal, mozzarella, cheddar & pesto mayo

50

Toasted Beef Shortrib

Pulled beef shortrib, caramelised onion, emmenthal & mustard mayo

58

Bread Choices: Baguette, Seeded Baguette or Rye Bread




SANDWICHES

Roast Chicken 54

Roasted chicken breast, crushed avo, tomato, crisp lettuce & pesto mayo

BLAT 58

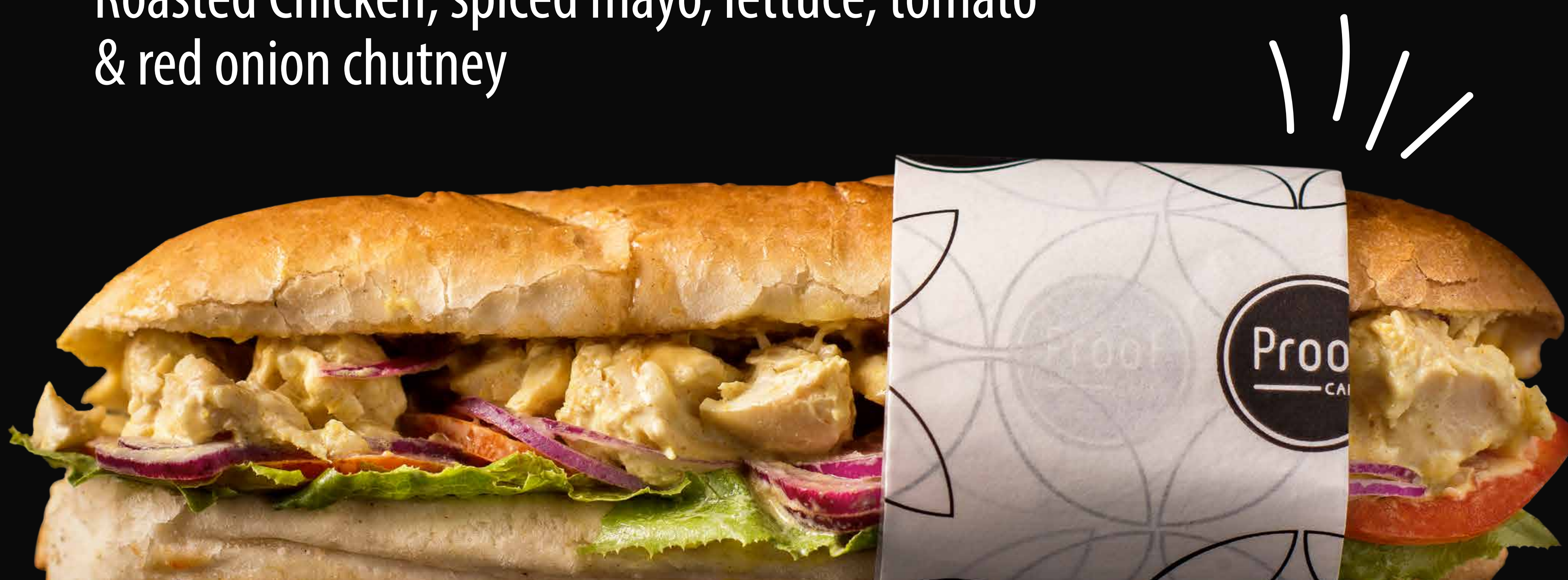
Streaky bacon, lettuce, avo, tomato & pesto mayo

The Vegetarian  46

Halloumi cheese, roast baby marrow, tomatoes, red onion, feta spread & olive hummus

Curry Chicken Mayo 48

Roasted Chicken, spiced mayo, lettuce, tomato & red onion chutney



YOGHURT CUPS

Berry Cup  36

Berry swirled double thick yoghurt, topped with fresh strawberries & strawberry granola

Fruit Cup  34

Double thick yoghurt, topped with seasonal fruit & a banting granola

Caramel Granola Cup  32

Dolce de leche flavoured double thick yoghurt & peanut butter granola

Overnight Oats  34

Strawberry, Pineapple and Coconut chia oats, with double thick yoghurt & berry compote



HOT PRESSED

Toasted Bacon & 3 Cheese → 50

Crispy streaky bacon, emmenthal, mozzarella, cheddar & pesto mayo

Toasted Beef Shortrib ~ 58

Pulled beef shortrib, caramelised onion, emmenthal & mustard mayo

Bread Choices: Baguette, Seeded Baguette or Rye Bread

WRAPS

The Eastern Block → 58

Sirloin steak, baby spinach, rocket, horseradish & red cabbage slaw

The Emperor ~ 58

Roast chicken, bacon, parmesan croutons, lettuce & Caesar dressing

The Veg Option 🌱 ~ 48

Avo, hummus, lentils, yellow pepper, rocket, cucumber, pepperdew, feta spread & herbed yoghurt

SANDWICHES

Roasted Chicken 54

Roasted chicken breast, crushed avo, tomato, lettuce & pesto mayo

BLAT 58

Streaky bacon, lettuce, avo, tomato & pesto mayo

The Vegetarian 46

Halloumi cheese, roast baby marrow, tomatoes, red onion, feta spread & olive hummus

Curry Chicken Mayo 48

Roasted Chicken, spiced mayo, lettuce, tomato & red onion chutney



CHEFS TABLE

Choose from a delicious daily selection

Pick any daily selection & add a side salad

11:00 - 14:00

Daily selection are individually priced
Side salads added 25



COMBO BOX

1/2 Sandwich & Salad → 58

SALADS

Chicken Pearl Barley | 150g 36 350g 58

Pearl barley, cherry tomatoes, cucumber, spring onions, mint, basil, parsley & feta dressed in a white wine vinaigrette

Almost Greek | 150g 36 350g 54

Cucumber, olives, feta, red onion, fresh basil, rocket & roast cherry tomatoes topped with a pesto olive oil dressing

Moroccan | 150g 34 350g 54

Spiced chick peas, baby spinach, roast sweet potato with a cucumber, yellow pepper & lentil mix topped with flaked almonds & a herbed yoghurt

Summer Shell Salad | 150g 34 350g 54

Mini pasta shells, cucumber, red onion, spring onion, sweet corn & a dill honey mustard vinaigrette

